

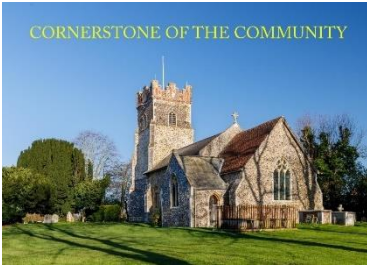
THE LANTERN

NEWS OF THE PARISH OF ST ANDREW'S BREDFIELD



Photo Stewart Belfield

APRIL 2024



FROM ST ANDREW'S MINISTRY TEAM

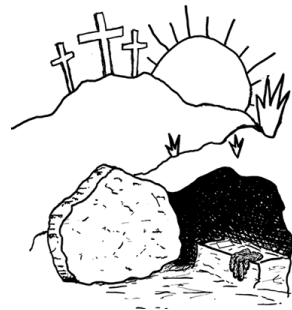
Easter Storytime

As I was thinking about the Easter Story, I was aware how uncomfortable that word sounds: “Story” – as in story books; as in Snow White and the Seven Dwarfs; as in made up, rather than true.

When Christians talk about the story of Christmas or the story of Easter, we don't mean to imply that once children are old enough to separate fact and fiction, then it's time to put away the Christian faith as something sweet from childhood that they have now grown out of. Quite the opposite.

The “story” or account of Jesus' birth, life, death and resurrection has been described as the greatest story ever told because it rings astoundingly true.

It is the story which touches all of our stories, our fears and hopes, our experience of love and life. The Easter story has blood, guts, betrayal, sacrifice and tragedy and shows how Jesus wins through for us to love, joy and friendship, forgiveness, peace and hope. This Easter why not dig out a bible and read one Gospel “from cover to cover” (Mark's is the shortest)?



Talk about it with friends or come along to some of the local church experiential events on Palm Sunday weekend, Maundy Thursday, Good Friday and Easter Day.

- Which bits do you struggle to believe?

- Which bits really come to life?
- How does Jesus come across to you?
- How does this life-and-death story touch the story of your life?

So read the story... I'd love to hear what you think of it.

Wishing you a Wonderful Easter!

Sally Gaze

Archdeacon for Rural Mission across Suffolk and part of the ministry team at St Andrew's Bredfield

Easter at St Andrew's

Churchyard Tidy and Easter Garden Making 23rd March 10.00am

Come and help us get the churchyard ready for Easter on **Saturday 23rd March 10am-12pm**. As well as gardening activities, we will be erecting a large Prayer Cross in the churchyard and making an Easter garden by the Church door complete with empty tomb reminding us of Jesus' resurrection. You can even make a little Easter garden to take home.

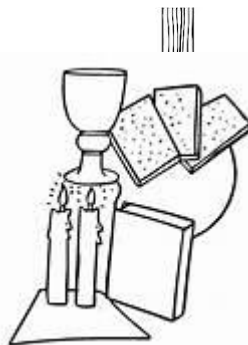


Palm Sunday Sunday 24th March 10.00am

Worship at St Andrew's, remembering Jesus' entry into Jerusalem on a Donkey. We will begin our Palm Sunday service with the traditional procession from the village hall car park to the church, starting at **10.00am**.

Maundy Meal Thursday 28th March 6.30pm

Maundy Thursday remembers the last supper of Christ when he said to them that he was giving them a new commandment “Love one another as I have loved you. The title “Maundy Thursday” comes from the old English word for commandment. We’ll be sharing a meal together and considering that special meal which was based on the Jewish Passover – what sights sounds and smells were there and how do we remember the story today. The meal is at **the house of Chris and Sally Gaze at 6.30pm- 9.00pm ish**. Book your place by ringing Sally on 07446933129



Good Friday 29th March 2.00pm

For a time of quiet reflection, there will be **An Hour at the Cross** service starting at **2.00pm** .



Easter Sunday 31st March 10.00am

Celebrate the new life of Easter at St Andrew’s Church – a joyful communion service, starting at **10.00am** for any age and some egg hunting activities in the churchyard at the end.



OTHER DIARY DATES



Coffee and Cake



Do join us for a Coffee and Cake morning in St Andrew's Church Room in March. These will be held on **Tuesday 9th and Thursday 25th April** all between **10am and 12pm**.

Beat the Bounds Walk

The annual **Rogation walk** will take place at **2pm on Saturday 27th April 2024**

St Andrew's PCC AGM (APCM) 28th April

Sunday 28th April at 10.00am in the church. There will be a short Service of the Word at 10.00am, followed immediately by the APCM. All welcome. Those on the Church Electoral Roll are eligible to vote at the APCM (please contact John McCarthy as soon as possible if you wish to be added (01473 737276)).

From our neighbours in Dallinghamoo:

Sunday 28th April
2:00 – 4:00 pm

**Plant
and
Cake**

Dallinghamoo Village Hall
IP13 0JX

Car boot pitches available @£10: enquire 01473-737700

Sale

aid of The
Dallinghamoo Church
Repair Fund,
Charity No. 803135



ST ANDREW'S CHURCH, BREDFIELD

BEAT THE BOUNDS WALK

SATURDAY 27th APRIL

2PM START AT VILLAGE HALL CAR PARK

**A WALK TO EXPLORE THE NORTH WESTERN BOUNDARY
OF THE PARISH**

**TEAS WILL BE AVAILABLE AT THE END OF THE WALK
IN THE CHURCH ROOM @4PM**

**PLEASE WEAR STOUT FOOTWEAR AS WE WILL BE USING FIELD PATHS AND TRACKS
ALSO WATERPROOFS IF WET**

FOR FURTHER INFORMATION

CONTACT ANNE ACKERLEY

01394 384805

**PREBOOKING NOT REQUIRED
BUT RECOMMENDED**



SAVE THE DATES!

Pop-up Bar and Pizza Night

Following on from the success of the Chinese New Year evening, there will be a **Pizza Night** on **Friday 24th May** in the Village Hall.

Ride & Stride

This year's **Ride & Stride** will take place on **Saturday 14th September 2024, 9am-5pm** (iao Suffolk Historic Churches Trust)

NEWS FROM BREDFIELD

BREDFIELD PARISH COUNCIL REPORT

Jubilee Meadow Entrance / Flooding

Councillors had been investigating issues with drainage on the Jubilee meadow and recent flooding at The Shingles. It would appear that the pipe that allows water to flow under the entrance to the meadow (and then onwards towards Byng Brook) was blocked.

The Parish Council have arranged for this to be repaired.

The work will be funded from our CIL money as it is for the greater good.

Ufford Neighbourhood Plan

Our neighbouring parish, Ufford, is in the process of approving a neighbourhood plan.

Further details can be found here:

<https://ufford.suffolk.cloud/neighbourhood-plan/>

Suffolk Devolution

Suffolk County Council's public consultation on Suffolk Devolution has now started.

Suffolk is one of the 10 areas invited to apply for Level 3 devolution as part of the government's 2022 Levelling Up white paper.

Further information can be found here:

<https://www.suffolk.gov.uk/council-and-democracy/devolution>

Suffolk Walking Festival

Tickets for the annual Suffolk walking festival are now on sale. Taking place every May the festival celebrates Suffolk's natural landscapes and built heritage with guided walks in every corner of the county. The sold out walk 10, on Monday 13th May is based at Bredfield and starts at the village hall.

For further details of all the walks can be found at

<https://suffolkwalkingfestival.co.uk>

High Speed Railway Link.

On the 1st April the Parish Council will be submitting to the government a proposal for a High-Speed Rail Line.

Mrs Foule, spokesperson for the parish transport sub-committee commented "This project is based on the successful Great Yarmouth road train". April went on to say "this innovation is expected to reach speeds in excess of 9mph, reducing travel times between the Village Pump and the Community shop by anything up to 5 minutes".

The next full Parish Council Meeting is at 7:30 on the 25th March in the village hall.

As always full minutes of Parish Council meetings together with District and County Councillor updates can be found on the village website.

Nik Bestow

NATURE NOTES

Walk around the grounds of St Andrew's Church in Bredfield and what nature do you see: trees and grass; a bee buzzing past; a bird perched in a tree? Anything else? Look closer at the headstones, especially the old ones. Examine the branches of some of the older trees? Something else is there. Indeed, it's mostly everywhere: on plants, fences, brickwork, stonework and paths. It's lichen!

In this article, we're going to have a close look at lichen. I know, it doesn't sound exiting, but don't give up now. Lichen is weird, wonderful and an integral part of a healthy ecosystem.



The first weird and wonderful thing about lichen is that it isn't a single organism. It is made up of three organisms, each from three kingdoms of life: fungi (including yeast), plants (algae) and bacteria. These three organisms exist in a mutualistic relationship, though the rewards may not be equally distributed.

The relationships between the three elements are complex and much is yet to be discovered, so here's a simplified explanation. The fungus element of lichen provides an affixing base and a structure for the plant element. In return for this service, the fungus receives essential carbon nutrients in the form of sugars, produced by the photosynthesis of the plant element and the bacteria. Lichen are fungi that have discovered agriculture!

In some lichens, it is possible to see both the fungus and the plant element. A magnifying glass would help. (You would need a microscope to see the bacteria element!) 98% of all lichen fungi are cup-fungi (known as ‘ascomycetes’) and, if you look closely, you can often see these minute cups. The plant element of the lichen can be quite obvious in some lichen: leafy (in ‘foliose’ lichen) or even beard-like (in some ‘fruiticose’ lichen).

Lichens play a crucial role in the ecosystems that they grow in: they release oxygen into the atmosphere; they can provide sustenance (though quite minimal) to some herbivores; they provide shelter for small invertebrates (such as Springtails), which are then sought-out by small birds; they can provide nesting material for birds; they can protect trees from extreme wind, rain and snow; and they can contribute to soil creation by breaking down rocks (though very, very slowly!). The health of lichen growth is an extremely good indicator of air quality. Scientists are currently exploring how lichen may be a source of new medicines.

Several species of moth have a close affinity with lichen. The larvae of several species of moth, including the aptly-named Tree-lichen Beauty, feed on lichen. In a ‘hard-wired’ behaviour, several species of moth will fly to the camouflage of lichen to escape predators. *See the photo of a Green-brindled Crescent camouflaged on lichen.*



Don't be misled into thinking that the presence of lichen on a plant has an adverse effect on the plant's health. It doesn't. Lichen will continue to flourish

on an unhealthy plant or tree, but it doesn't cause ill-health. Indeed, if you set about removing lichen from a tree, it may create wound sites where plant pathogens could enter and cause real disease symptoms to occur.

Let's conclude with some amazing facts about lichen: they arrived on earth at least 250 million years ago; they currently cover about 7% of the world's surface; some churchyards have been found to contain 100 species of lichen; *Lecanora muralis* (so-called 'Chewing Gum Lichen') has colonized that most inhospitable of British environments - supermarket car-parks! Last, but certainly not least, there is an aesthetic beauty in the patterns that lichen create, especially on stone. (Have a look at our YouTube of lichens in St Andrew's churchyard: click [here](#), if viewing online; or search 'Lichen in St Andrew's churchyard' on YouTube.)

Hopefully, you'll never look at 'boring' lichen in the same way again.

Stewart Belfield

<https://bredfieldwfv.org.uk>



FROM THE ARCHIVES ...

David Hepper has been rummaging in local newspaper archives and discovered this:

Notice that appeared in the Ipswich Journal Saturday 30 April 1791
BREDFIELD April 26, 1791

At a Town Meeting, held This Day, by all the principal inhabitants, it was unanimously agreed to suppress and totally prevent (if possible) the sale of SMUGGLED SPIRITUOUS LIQUORS in the said parish; therefore a Guinea reward is hereby offered, and will be Immediately paid to anyone who will give information to the Churchwarden or Overseer, of any person or persons and prove him, her or them guilty of the above unlawful practice.

*[Ipswich Journal, accessed at The British Newspaper Archive
www.britishnewspaperarchive.co.uk/]*

SEASONAL RECIPE FROM THE VILLAGE SHOP

Spring RHUBARB is now here, a welcome change from stored winter apples! This recipe is a bit different, and really delicious.

RHUBARB AND ORANGE FLAN

For the pastry:

75g fine oatmeal

150g plain flour (could be Tidemill fine wholemeal flour!)

2 teaspoons soft brown sugar

100g butter /vegetable fat

For the filling:

1kg rhubarb, washed and trimmed and cut into chunks

75g soft brown sugar

Zest and juice of an orange

1 level tablespoon of cornflour

Preheat the oven to 180C/ gas mark 4

Place the rhubarb in a casserole and sprinkle with the sugar and orange juice and zest.

Bake it uncovered for 20mins or so, remove from the oven and allow to cool.

Make the pastry - put the dry ingredients into a bowl, rub in the fat, then add enough water to make a smooth dough. Roll it out and line a 20 or 23cm flan tin with it, reserving the pastry trimmings. Prick the base and bake the flan case for 20-30mins, then remove it and increase the oven temperature to 220C/gas mark 7. Drain the rhubarb in a sieve over a bowl, and mix the juice with the cornflour in a small saucepan and simmer for 2 mins until smooth. Arrange the rhubarb in the flan case, pour the sauce over the top, and decorate with the pastry trimmings to make a latticework pattern. Now put it back in the oven and bake for a further 15 mins.

Serve while still warm, with cream or Greek yoghurt.

All the ingredients are available in the shop, as well as more recipe ideas, and local spring veg and flowers! Enjoy the season.

Kate Pirkis



FAITH

Faith is knowing the Lord is beside me,
Faith is knowing that He really cares.
Faith, is feeling His grace all around me
Knowing life's burdens our Lord gladly shares.

Faith, can dispel our fear in the darkness,
Faith can calm all our pain and despair,
Faith is holding on fast to believing
Knowing the Lord is always there.

Faith is coping, when misfortune calls us,
Faith enabled the blind man to see.
Faith can give us the strength for our journey
Knowing His love has set us all free.

GR Jacobs (a member of St Andrew's congregation)
Copyright G.R.Jacobs 3/3/2005

Food Bank

Collection boxes for good quality, in-date, non-perishable food items for the Salvation Army food bank in Woodbridge are still located in the shop and church porch. Thank you for your generosity.

100 CLUB WINNERS March 2024

1st Prize	No.86 A Henderson
2nd Prize	No.27 N Brown

PARISH GIVING SCHEME

St. Andrew's has recently registered with the Parish Giving Scheme. This is a simple and secure online way for churches to receive and administer donations in support of their work and upkeep. The scheme provides for one-off donations as well as allowing for the setting up of a regular financial commitment.

There is no charge either to you or to St Andrew's to use this method of donation, so you can be certain that 100% of your donation will go to St Andrew's Church.

If you wish to make a donation to support St. Andrew's please click on the QR code below. This will then give you the option of making a one-off donation or setting up a regular payment. The QR code is also available inside the church and in the churchyard. Of course, cash donations can be made in the usual way.

If you would like further information, please contact the Churchwardens via the details on the next page.



THANK YOU FOR YOUR SUPPORT

USEFUL INFORMATION

St Andrew's, Bredfield

Rector: Rev Charles Trefusis

Churchwardens: Stephen Stammers and Paul Cannard

For all enquiries regarding St Andrew's, contact:

the Churchwardens on churchwardens.bredfield@gmail.com or call Steve Stammers on 01394 384371 or 07704 856005

St John's church office on 01394 383162 or info@stjohnswoodbridge.org.uk

For information about the Benefice of St John's and St Andrew's go to www.stjohnswoodbridge.org.uk

Bredfield Village Shop opening times: Monday – Saturday 9.30-12.30

Want to know what's happening in the village? Check out the website

<http://bredfield.onesuffolk.net>

For regular info updates- join our MailChimp email group. Email Anne Henderson - henny@dircon.co.uk and she will add you to the MailChimp list

Want to know about the Village Hall and Bredfield Wildlife Friendly Village

– check out <https://www.bredfieldvillagehall.org.uk>

<https://bredfieldwfv.org.uk>

BREDFIELD PRAYER CIRCLE

The Bredfield Prayer Circle is a group of Parishioners united in prayer for the needs of our community. The Prayer Circle operates in confidence. It does not discuss your requests but simply includes your needs with their private prayer. Please give just a first name and enough details to make your request meaningful to those who will be praying with you. If you are in need of prayer, or praying yourself, and would like the prayer of others please contact Anne Ackerley 01394 384805 or Alison Cannard 01473 737707.

Please send any contribution for the Lantern to Alison Cannard at lantern.bredfield@gmail.com , 01473 737707 by 10th of the month before the month in which you would like it to appear.

APRIL/MAY SERVICES AT ST. ANDREW'S

Sunday 24 th March PALM SUNDAY <i>Starting at <u>Village Hall</u></i>	Service of the Word <i>'Easter: Darkness to Light'</i>	<u>10.00am</u>
Friday 29 th March GOOD FRIDAY	An Hour at the Cross	<u>2.00pm</u>
Sunday 31 st March EASTER SUNDAY	Holy Communion	<u>10.00am</u>
Sunday 7 th April	Holy Communion	9.15am
Sunday 14 th April	Service of the Word	9.15am
Sunday 21 st April	Holy Communion	9.15am
Sunday 28 th April	Service of the Word	9.15am
Sunday 5 th May	Holy Communion	9.15am
Sunday 12 th May	Service of the Word	9.15am
Sunday 19 th May	Holy Communion	9.15am
Sunday 26 th May	Service of the Word	9.15am

DIARY DATES AT A GLANCE

Saturday 23 rd March	Churchyard tidy-up and Easter Garden making
Thursday 28 th March	Maundy Thursday meal
Tues 9 th , Thurs 25 th April	Coffee and Cake morning
Saturday 27 th April	Beating the Bounds walk
Sunday 28 th April	St Andrew's APCM
Sunday 28 th April	Dallinghoo Plant and Cake Sale