



THE LANTERN



~MAY 2022~

NEWS OF THE PARISH OF ST ANDREW'S BREDFIELD

CORNERSTONE OF THE COMMUNITY



Cutoff for JUNE issue:

15th MAY 2022

Please submit entries to

Alison Cannard

lantern.bredfield@gmail.com

01473 737707

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FROM OUR MINISTRY TEAM

One of a crowd?

We have not seen crowds of people for a while, but now they can be difficult to avoid. Some of us will walk towards a crowd while others shy away from large groups as there are some good reasons for wanting to stay safe.

A decade ago I walked back into Endeavour House (County Hall) casually watching a demonstration on the steps. The shouting and the chants left an impression, so I switched on to the early evening news to see what appeared a huge crowd of demonstrators. I had counted sixteen people, including the cameraperson, and the message was put over well.

The fickleness of large crowds is legendary and on occasions sensible people can be easily swayed. Would I have been one of the Good Friday jeerers or one of the Palm Sunday cheerers?

This year our appetite for celebration and meeting has started to grow. On Palm Sunday Bredfield celebrated the crowd who took palm leaves and made a path for Jesus. We all sang and shouted 'Hosanna to the king of kings' as Magic led the way down the street to the church gates.

Five days later Garrie Griffiths explored how a crowd shouted 'Crucify' as - against all justice - a violent criminal was released and Jesus sent for execution. On Easter Sunday morning a good number celebrated the resurrection with the ancient shout, 'Christ is risen indeed, alleluia'.

We are a small village congregation at Bredfield and we are grateful to all those who help us in worship, maintain the beautiful building, the churchyard and all those who provide service to the village. This June I hope you plan to join us at the Church Fete in a huge crowd celebrating the Queen's Jubilee Saturday.

This weekend event is part of a village, Suffolk and National celebration. It is one way of saying thank to the Queen and all who have helped keep the community, our neighbours and the church alive during the last few years.

I would like to thank Andrew, Robin, their wives and all who have been planning the event since last December. I look forward to seeing you and I hope to introduce to you Charles, our new Rector.

Rev Bill Herbert

DIARY DATES



Bredfield Village Royal Jubilee Duck Race



It's virtual. It's fun. It's sustainable
Visit bredfieldvillagehall.org.uk/duck_race

or

balloonrace.com/bredfieldvh

And click on "Buy a duck"

Or call in at the shop to join the race

Each duck costs £3*. Buy as many as you like

Name your duck. Choose what it wears. Watch the race at

<https://www.balloonrace.com/bredfieldvh>

Tickets on sale from 1st to 24th May

The race starts at 1200 on 26th May finishing at 1200 on 5th June
Winners presented with their prizes at the

Village Hall Jubilee Celebration 5th June

Proceeds to Ukrainian Refugee Support and our Village Hall

Challenge your friends, neighbours and family to a right Royal race

Buy your duck without delay

*If you'd rather not support our fund raising but you'd still like to enter the race,
fill in a race card at the shop

Bredfield
Village
HALL

Bredfield
Village
HALL



**Bredfield Parish Council
&
Bredfield Village Hall
Platinum Jubilee BBQ
Sunday 5th June
On
Village Hall Playing Fields**

**Bar Open 12 Noon
Food 1 - 3 pm
Jubilee Tree 3pm
Prize Giving for Duck Race &
Scarecrows 3.30pm**



BBQ
1 Burger & Jubilee Pudding
No 1

TICKETS FOR THE JUBILEE BBQ

**Bredfield Parish Council and Bredfield Village Hall
are providing a BBQ for the Queen's Jubilee
on Sunday 5th June on the Playing Fields**

**All residents can apply for free tickets, which will allow them
1 Burger and 1 Jubilee Pudding per person**

**We will have 100 tickets for residents, which can be booked on
a first come first serve basis from**

Anne Henderson – henny@dircon.co.uk

**If you would like tickets for friends and family (non residents),
they will cost £5 per person and, if available,
will be sold after the free tickets have been allocated.**

**When you email your request please state how many free
tickets you require, how many are for vegetarians
and how many paid tickets you would like.**

Tickets will be distributed in mid May

ST ANDREW'S CHURCH, BREDFIELD
BEAT THE BOUNDS WALK

SATURDAY 28TH MAY

2PM START AT VILLAGE HALL CAR PARK

**A WALK TO EXPLORE THE NORTHERN
BOUNDARY OF THE PARISH**

**TEAS WILL BE AVAILABLE AT THE END OF THE
WALK IN THE CHURCH ROOM @4PM**

**PLEASE WEAR STOUT FOOTWEAR AS WE WILL BE
USING FIELD PATHS AND TRACKS**

ALSO WATERPROOFS IF WET

**FOR FURTHER INFORMATION
CONTACT ANNE ACKERLEY
01394 384805
PREBOOKING NOT REQUIRED
BUT RECOMMENDED**



Illuminati choir present

*Now is the
Month of
Maying*

7.30pm

Saturday 7th May 2022

St Mary's Church, Dallinghoo

Illuminati



Free admission • Refreshments will be served
Retiring collection for the Dallinghoo Church Repair Fund

Sunday Services and Private Prayer

Sunday services continue inside the Church with appropriate measures to counter the spread of Covid. Until we have received an update to the Church of England guidelines, we advise pre-booking for any service: contact details: Paul and Alison Cannard (01473) 737707 or lantern.bredfield@gmail.com

We have also opened up the Church daily for private prayer. We request that four actions are taken if you wish to enter the church at a time other than for a planned church service.

- 1) Please do not come into the church if you have recently tested positive for COVID or display the symptoms of COVID.
- 2) Please use the hand sanitiser on the bench in the porch – even better use your own before touching the outside porch door handle.
- 3) Please wear a mask whilst you are walking or standing in the church – preferably at all times or at least until you are sat or knelt in a pew.
- 4) Leave the main door and porch door open whilst you are in church to aid ventilation. When you leave then both inner and outer doors can be shut again behind you as per normal.

These simple measures will aid the minimisation and spread of the COVID virus and help to keep your fellow parishioners safe.

BREDFIELD PRAYER CIRCLE

The Bredfield Prayer Circle is a group of Parishioners united in prayer for the needs of our community. The Prayer Circle operates in confidence. It does not discuss your requests but simply includes your needs with their private prayer. Please give just a first name and enough details to make your request meaningful to those who will be praying with you.

If you are in need of prayer, or praying yourself, and would like the prayer of others please contact Anne Ackerley 01394 384805 or Alison Cannard 01473 737707.

NEWS FROM BREDFIELD

Church Flowers

I have been asked to say a big 'thank you' to the team of flower arrangers who made the church look so beautiful for Easter. The displays were much appreciated and really brightened the church.

The Easter Egg –Spearmint



The window display started off as a run-of-the-mill generalised Easter idea, then I was inspired by the World Homeopathy Awareness Week an annual event held between 10 - 16 April. Hence the unusual title (yes, it was deliberately spelt that way!)

Organised by the World Homeopathy Awareness Organisation, the week is a celebration of both homeopaths and those who have been healed with homeopathy. The date of 10 April was chosen as it is the birthday of Dr Samuel Hahnemann, the German physician who is credited with creating homeopathy in 1796.

Of course as science has progressed into the 21st century, a series of meta-analyses have shown that the therapeutic claims of homeopathy lack scientific justification. As a result, national and international bodies have recommended the withdrawal of government funding for homeopathy in healthcare. That said, there are many aspects of nature that science cannot as yet justify...

I remember a television programme years ago, which featured Heston Blumenthal, the famed British Chef who is regarded as a pioneer of multi-sensory cooking, food pairing and his scientific approach to dishes. Heston wanted the Presenter to try his new creation of salmon wrapped in a type of liquorice gelatinous glaze. The Presenter was against the idea, being totally averse to liquorice in all its forms! So a big dilemma, between offending Heston and completing his job requirement?

Heston recommended that the Presenter eat a small piece of Liquorice every day for 40 days, that way his body would be more used to the experience and become tolerant of the substance, well, tolerant enough anyway. Although sceptical the Presenter agreed. After 40 days he still disliked Liquorice, but he did manage to taste the new dish and keep it down! And I believe this method of introducing small doses of allergens is now recommended to severe Hay fever sufferers, who are finding much reduced efficacy with long term standard medicines. Presumably working on the same principle as Heston suggested, the body will become more tolerant of the unpleasant assault on the senses?

However, looking into what Homeopathy actually entails, it would seem rarely if ever the whole plant, leaf, seed or natural substance make it into the final natural remedy. Homeopathic preparations are termed *remedies* and use homeopathic dilution to process the selected substance. This repeated dilution makes the final product chemically indistinguishable from the diluent. Often not even a single molecule of the original substance can be expected to remain in the product. Perhaps this is why science cannot test for any known benefits?

Going back to my Easter display- While I do not know if eggs themselves are used in Homeopathic medicines, there are plenty in my window for old and young alike to enjoy spotting and counting! And for those of you who like to peruse the décor in detail, you will notice a subtle nod to both Britain and Ukraine in the form of flag adorned delivery boxes of Barley (Ukraine) and

Onions (Britain) standing side-by-side under the watchful eye of Cargo Chicken. While the dilution process itself is being undertaken by Forensic Fox, Research Rabbit is providing and teaching the formulas to the Learning Lambs in order to support the whole operation.

May you all have a peaceful Easter

Lindsay

Loveliest of Trees, the Cherry now *by AE Housman*

Loveliest of trees, the cherry now
Is hung with bloom along the bough,
And stands about the woodland ride
Wearing white for Eastertide.

Now, of my threescore years and ten,
Twenty will not come again,
And take from seventy springs a score,
It only leaves me fifty more.

And since to look at things in bloom
Fifty springs are little room,
About the woodlands I will go
To see the cherry hung with snow.

Suggested by Anne Henderson

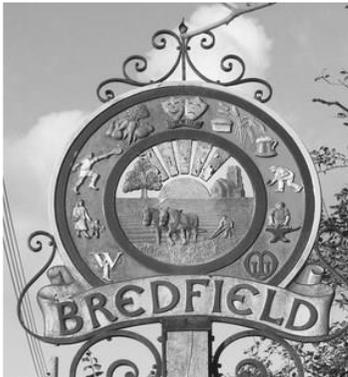
100 Club Winners

1st Prize	No. 10 Y. Woods
2nd Prize	No. 26 D. Woods

May/June Services at St. Andrew's

Sunday 1st May	No service at St Andrew's	-
Sunday 8th May	Holy Communion <i>Rev Bill Herbert</i>	9.15am
Sunday 15th May	No service at St Andrew's	-
Sunday 22nd May	No service at St Andrew's	-
Sunday 29th May	Morning Prayer <i>Roger Ackerley</i>	9.15am
Sunday 5th June PENTECOST	Holy Communion <i>Rev Bill Herbert</i>	9.15am
Sunday 12th June	No service at St Andrew's	-
Sunday 19th June	Morning Prayer TBA	9.15am
Monday 20th June <u>AT ST JOHN'S</u>	Installation of Rev Charles Trefusis as Vicar of St John's and Rector of St Andrew's	7.30pm
Sunday 26th June	No service at St Andrew's	-

To book your place, please contact Paul and Alison Cannard on 01473 737707 or at lantern.bredfield@gmail.com.



RECTOR: Vacant

CHURCHWARDEN: Vacant.

For all enquiries regarding St Andrew's, contact St John's church office on:

info@stjohnswoodbridge.org.uk

Or 01394 383162

www.stjohnswoodbridge.org.uk

<http://bredfield.onesuffolk.net>