## Sparklers @ Home Week 13.

## The first people Genesis 2:5-25

Hi Sparklers, I hope you enjoyed making the photo albums with Kerenza.

This week we are going to start using some new materials, hopefully you will enjoy them I think they look fun.

This week at Sparklers @ Home we are going to find out about God making the first humans, you will also be discovering that 'we' are humans and so 'we' are made by God. And God does not only create us: he loves us and he is eager to have a relationship with each one of us.

## Activity One – Play Dough People.

Our first activity this week is using playdough, if its anything like my house you will have loads lying around but if not, I have put a recipe to make your own at the back of this week's activities.

- 1. Get a generous portion of play dough
- 2. Either model freely with your hands or roll out and use cutters to make people shapes.
- 3. You could use straws and modelling tools to make features or even use a garlic press to make some hair.
- 4. I'm sure the people all look great and different. How do you feel when you have made your people? How do you think God feels when he makes each different special person?

## Activity Two – Mix and Match Game.

At the back of the book you will find our Mix and Max game sheet to print out.

- 1. You can colour in the character.
- 2. Cut them out along the lines cutting each person into 3 sections.
- 3. You could stick these onto Card or laminate them to make them stronger if you like.
- 4. Play with them making different people up.

God started by making just one person, then he made another and now there are hundreds and thousands and millions of people in Gods world – but he made each one of us different. He loves us just as he did those very first people!

## Activity Sheet & Bible Story

Take a copy of the activity sheet from the back of this pack.

Have a look at the sheet what do you see in God's Garden.

Let's hear a story about God's Garden:

When God first made the world, there were no people living there. There was sky, sea and land. There was a sun, a moon and lots of twinkly stars, but no people.

Then God made a man. The man began to breathe. He opened his eyes, stretched his legs and arms, and started to walk around.

God make a beautiful garden where the man could live. God made trees and plants, flowers and fruit.

"Please look after my world," God said to the man.

Then God thought, "Maybe the man will be lonely living on his own in the garden." So, God made a woman to help the man and be his friend. "Be happy living here," God told them, "and please look after my world."

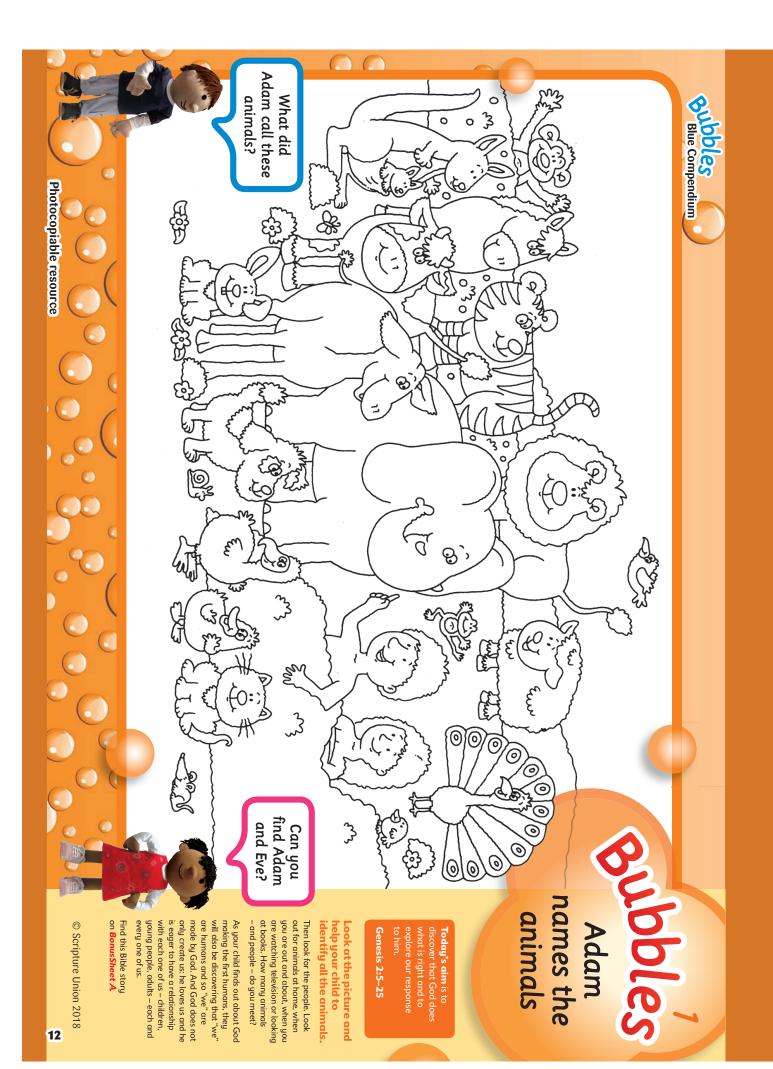
Now with some crayons you can colour in the sheet.

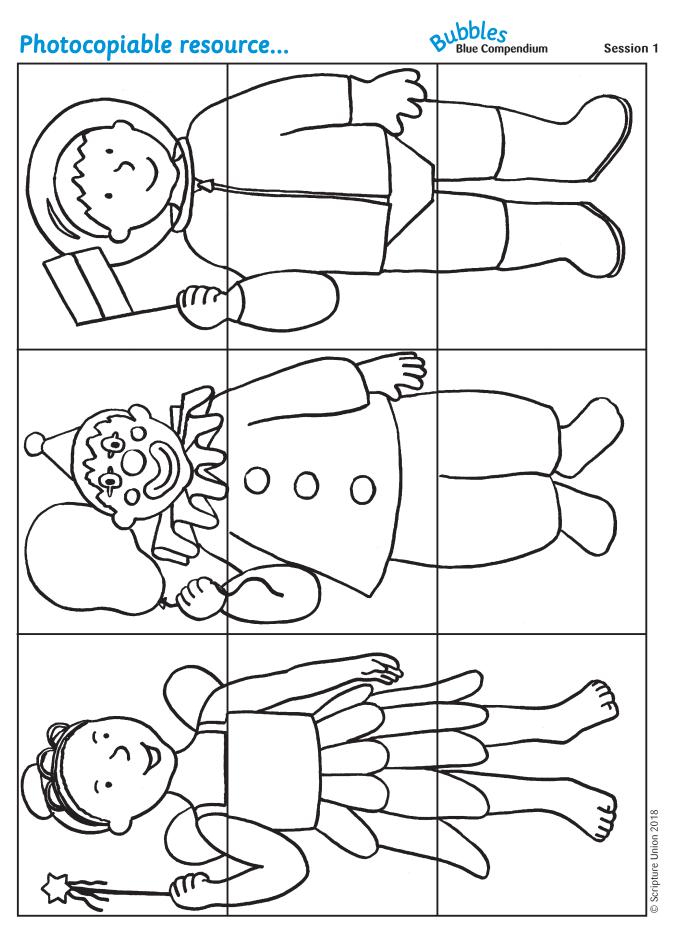
What animals can you see? What are their names? What other animals did God make?

God gave the man a special job to do – he close names for all the animals! God also asked the man and woman to look after his beautiful world and its animals and plants. But the best thing about the garden was not the amazing plants and trees. It was not that there were lots of animals. It was not even that the man had the woman to be his friend and helper. It was that the man and woman were close to God, and could spend tim with him in the garden each day.

## Action Rhyme/Prayer

Mime along with this action rhyme enjoying the amazing way God has made us:
I have a head and a mouth and a nose, (point to each of these).
Ears and eyes – two each of those. (touch each)
I have arms with elbow bends (Stretch and bend arms)
I have hands with fingers at the ends. (wiggle fingers)
Here is my tummy that holds all I eat (hands on tummy)
Here are my legs and knees and my feet! (touch each)
This is my body – God made me.
I can jump (jump) and run (run) and hear (cup ear) and see (hand above eyes)
Thank you, God!





Session 1 | The first people | Genesis 2:5–25 | Photocopiable resource

# Photocopiable resource...



## **Play dough recipes**

### **Quick dough**

This is not a precise dough recipe but the variation in the dough can be fun in itself. The type of flour used and even the weather can make dough vary greatly. The advantage of this recipe is that children can join in safely and do their own preparation, which is as much fun as 'real' cooking.

You will need: 1.5 kg flour, 500 g salt, 400 ml water, a large mixing bowl

1 Mix all the ingredients together in the bowl.

2 If the mixture comes out sticky, provide children with plenty of extra flour when playing with it. If it comes out dry, splash on a little water at a time as they play with the dough.

### Play dough

Children love to play with generous quantities of dough. This recipe makes enough for four children to enjoy.

*You will need:* 1 kg plain flour, 500 g salt, 50 g cream of tartar, 75 ml cooking oil, 1.5 l water, food colouring, a large strong saucepan (not your best!)

- 1 Put the dry ingredients and oil in the saucepan.
- 2 Add a few drops of food colouring to the water.
- 3 Pour the coloured water slowly into the saucepan, stirring all the time. Mix well to try to get rid of lumps.
- 4 Put the pan on a medium/low heat and cook. Keep stirring all the time, until the mixture starts to pull away from the sides of the saucepan.
- 5 Remove the pan from the heat and tip the dough out on to a heat-resistant surface. Use a wooden spoon if it is clinging to the saucepan. Put the pan to soak immediately.
- 6 If you have a sturdy food mixer or processor with a dough-making attachment, use this to knead the dough. The warmer the dough is as it is kneaded, the better the final product. If you are kneading by hand ensure that it has cooled down well: it retains heat in the centre. Keep kneading until the dough is smooth and elastic.

## Salt or baking dough

This dough can be used as ordinary play dough, but can also be cooked to make a hard, long-lasting model. Please note: make sure hands are not cut or grazed before using this type of dough as the saltiness may sting.

*You will need:* 300 g plain flour, 300 g salt, 15 ml cooking oil, 200 ml water (multiply quantities up for a larger group of children), a large mixing bowl

- 1 Mix everything in the bowl. Add a little more water if the dough seems too dry. Tip out on to a floured surface. Knead well (or use a mixer). Keep going until the dough is smooth and springy.
- 2 Give the dough to the children to play with and shape.
- 3 To cook finished items: put them on a greased baking tray in the centre of the oven. Salt dough cannot be cooked in a microwave oven. Small items need to be cooked for 10–20 minutes at gas mark 4/350°F/180°C.
- 5 Large items need to be cooked overnight at gas mark  $\frac{1}{2}$  /250°F/130°C. The larger and thicker the item, the longer and slower it needs to be cooked.
- 6 When the items are cooked and cooled, allow children to decorate or play with them. Baked items will last a long time as the salt acts as a preservative.

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